## Cymer Abbey & the old stone bridge over the Mawddach



Approx. 3 miles / 1-1.5 hours / difficulty - easy

A pleasant walk out of town that includes both the ruined Cistercian Abbey (founded in 1189) and the old stone bridge near the village of Llannelltyd.

The walk follows mainly tarmac road, is easy but involves a small section of uphill walking.

- Leave town over the stone bridge and cross Bala Road at the lights. Take the first right (Pen y Cefn Road) uphill for 0.5 mile.
- At the top of the road, where you will find a signpost for the Golf Club and a black/blue bench, go left downhill.
- As the tarmac road finishes, you see the old Golf Club to your left.
- Go through the metal kissing gate ahead of you and head downhill on a narrow path between a stone wall and a wire fence.
- Leave the path and continue ahead on the road.
- Turn right at the sign for Vanner Caravan park and walk 300 yards to Cymer Abbey.
- Return to the road, and turn right for the old stone bridge over the Afon Mawddach.
- Enjoy the wonderful views towards the Cadair range.
- To return to town, retrace your steps.