

Foel Cynwch circular

Approx. 8 miles / 3.5 - 4 hours / difficulty - medium



This scenic route takes you around Foel Cynwch and includes the best part of the Precipice walk, ending with a gentle stroll through the Mawddach valley.

The walk starts with a few steep climbs, but the views from the Precipice are rewarding. It can have some muddy patches while on the higher sections of the mountain, but majority of the walk to and from, is on tarmac country roads.

- Leave town over the stone bridge and cross Bala Road at the lights. Take the first right (Pen y Cefn Road) uphill for 0.5 mile.
- At the top of the road, where you will find a signpost for the Golf Club and a black/blue bench, turn right.
- Continue on this road for 0.8 mile. At the T - Junction, in front of Pandy Bach cottage, look for a stone sign "Precipice Walk" pointing to the left and follow this.
- Keep an eye out for a pointer on the right, where you turn and go through a farm gate.
- Take the obvious track uphill, shady under the trees, until you go through another gate.
- The track now meanders in between & around fields until it reaches a white way marker.
- Now follow the white way markers, going around a fallen tree and through two more gates, till you meet a small tarmac road. Turn left here to Llyn Cynwch.
- Go left around the lake, through a metal gate and where you see a finger post – go left, slightly uphill to a small gate in the wall.
- This is now the Precipice walk and follow this path for approx. 1.5miles, until you see a finger post for "Glasdir / Copper mine"
- Follow the narrow, winding path downhill till you reach a forest track.
- Turn right here and go about 200 yards, keeping an eye out for a white marker on your left, where you take the steps downhill. Go over a small stone bridge and descend more steps alongside a little stream.
- At a junction of paths with several signs, go across the stream and follow the red route.
- Soon you'll come across another area with multiple signs (incl MP3 No. 3) – turn left here and head towards the wooden farm gate.
- Go through the gate and at the road, turn left and follow this for 2¼ miles. Enjoy the magnificent views as you walk alongside the Mawddach river.
- At the next road junction, turn right downhill, looking for a small path to your left (ignore the first path heading into Pentre farm). Go uphill on this narrow path with a fence to your left and a wall to your right.
- Go past the old Golf Club and continue on the tarmac road ahead.
- At the top, alongside the blue/black bench, turn right and head downhill into town.