

Meadow Walk

Approx. 6 miles / 2-3 hours / difficulty - easy

This route takes you through beautiful wildflower meadows (summer), gives wonderful panoramic views of the Cadair Idris range and includes a gentle stroll along the Mawddach Trail back to Dolgellau.

This walk is easy but involves a small section of uphill walking. It can be muddy in parts, after heavy rain.

- Leave town on the Mawddach Trail, crossing the river after 0.5 mile and continuing with the river on your left until you reach a main road. **The next small section of the walk is on busy roads so please be careful.**
- Turn left at the road and try to keep to the grass verge. Turn left again at the next road signposted back to Dolgellau.
- Walk until you see a red post box on your right, and turn sharp right here going uphill on a small country lane.
- Passing entrances to Bryn Adda on your left and Ysgubor on your right, you will arrive at a rusted metal gate, just after the entrance to Glyn Farm.
- Go through the gate and walk approx. 20 metres on the stoney track beyond and then make for the stone wall over to your right. Heading slightly uphill, alongside the wall, you will arrive at another rusty gate. Go through this gate.
- Follow the obvious path, uphill, and it soon ends at a small metal gate with a tarmac drive on the other side.

- Turn right here and continue for approx. 0.5 mile till you see a finger post pointing downhill (just before driveway to Llwyniarth cottage).
- Follow the waymarkers downhill and after going to the right of the holiday cottage, cross the little stream.
- Turn right and follow the markers past an old stone farm building to your left. Go through a gap in between two walls and then via a wooden gate, enter the first of the wild flower meadows.
- Approx. 20 meters directly ahead is the next finger post, turn left here and look for the next two.
- After the second of these posts bear left and cross a small stream and exit the field.
- Turn right and go down the stoney, grassy path till you quickly reach the bottom of a gully. Go up the narrow path ahead, on the other side of the gully, and you will pop out into a field with an old stone farm building to your left.
- Cross the field to the left of the telegraph pole ahead. Walk to the yellow waymarker and stile at the edge of the field.
- Climb the stile and go over a small stone bridge to enter a hilly field.
- Go left for a little while, walk uphill to meet a wall to your right and a finger post pointing the way.
- At the top of the hill, follow the stoney grassy path round to the right. Look to your left over the wall for the first of many views of the Cadair Idris range.
- This path leads around to bring you out a derelict stone building. Turn left in front of the old cottage and go through a gap in the stone wall.

- Pass the old ruins and climb the small hillock, with bushes and boulders, to your right. You will reach a stoney farm track where you turn left. Follow this for a short distance until entering an open field after a metal gate.
- Ahead you see a copse of trees on your left and one on your right – walk between these two, and go slightly uphill.
- Soon you will see a stone wall to your right and in the middle is a small metal gate.
- This gate leads to the garden of a residential cottage. Walk right to find a yellow metal gate and exit the garden.
- Follow the track ahead to the other side of the field, passing a well with a metal lid to your left.
- Climb the stile in the treeline, and the next stile directly ahead.
- Follow the narrow path descending until you reach the forestry track at the bottom.
- Turn left here and follow the wide track downhill for approx. 0.5 mile.
- At a signpost pointing into the garden of a cottage, turn right. Go through the small gate and past the cottage down to a main road (A493 Dolgellau to Fairbourne) - **a busy road, so please be careful.**
- Turn right and head for the entrance of the George III over to your left.
- Go through the black metal gate and descend the steps down to the Mawddach Trail.
- Turn right and follow the path for just over 2 miles back to Dolgellau.